



Personal Training

Pegasus Golf & Sports Club's coaching staff have a friendly and courteous teaching philosophy, ensuring optimal results, whilst maintaining a comfortable learning environment. Paul Dunn is our Pegasus Golf & Sports Club professional Personal Trainer and has a Bachelor Degree in Physical Education and an Executive Personal Training Certificate. He offers varied and empowering exercise programmes that are tailored to suit individual needs whether you are new to exercise or an experienced athlete.

TRAINING PRICE LIST	PRICE
Fitness assessment and programme	\$30.00
30 minute personal training session	\$40.00
60 minute personal training session	\$65.00

10% discount for Pegasus Golf & Sports Club members.

CONTACT:

Paul Dunn

Personal Trainer

Pegasus Golf & Sports Club

Tel: +64 3 920 3300

Mob: +64 21 1405785



HOME OF THE
PEGASUS NZ WOMEN'S OPEN